

Leading in the Himalaya since 1998



“Explore the holistic beauty of Nepal with Mission Eco Trek”



Mission Eco Trek

TREKKING - HIKING - EXPEDITION - JUNGLE SAFARI - RAFTING - TIBET TOUR - BHUTAN TOUR.....



NEPAL TIBET BHUTAN

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Dear Nature and Culture lovers,

A cordial Namaste to all our valued clientele!

Mission Eco Trek adds a completely different taste in trekking paradise in Nepal. We have very clear Mission and Vision.

Our Mission: -

Mission Eco Trek responsible travel to nature areas that conserves the environment, and improves the well being of local people by creating an international network of individuals, institutions and the tourism industry, by educating tourists and tourism professionals and by influencing the tourism industry, public institutions and donors to integrate the principle of eco and green tourism into their operations and policies.

Our vision: -

As Nepal's first Mission Eco trekking company, Mission Eco Trek seeks to be the international source of knowledge and advocacy uniting communities, conservations and sustainable travel. Our distinctive style of travel offers something different to your ordinary holidays. We have deep knowledge and expertise about Nepal, Tibet and Bhutan to share with you. Staying true to our Mantra of "Fun, Freedom and Flexibility". You never know what you will find around the corner. We invite you welcoming the unexpected and creating the unimaginable holiday.

That's what Mission Eco Trek is all about.

So please, break the long time thrill into reality to explore the beauty of the snow capped mountains, the extraordinary flora and fauna and fascinating ethnical culture diverse.

We, our whole teams are ready to welcome new ideas, talents, and innovation to lead the project 'Mission Eco Trek' to new heights to fulfill our Mission here in Nepal for your warmed service.

Sincerely
Mission Eco Trek
Family



About Nepal:-

Nepal is a country of apparent diversity, amazingly rich culture with varied complex compassing a region of deep religion with subtle and spectacular traditional culture. What in now a Nepal was a collection of feudal principalities, sandwiched between India and China. Land locked with an area of 147,181 sq.kilometers, only 800 km long and 200 km wide, the terrain changes from its highest altitude of 8848 meters and glaciers along the Tibetan border to the flat jungles of Terai, only 150 meters above sea level in it.Nepal, today offers much more than superb mountain scenery. It provides an opportunity to step back in time and meet people who like our ancestors many centuries ago lived free of complications, social economic and political which beset the developed world.



Trekking in Nepal:-

Trekking means walking on the hills and mountains for 5-6 hours daily. The trekking can be classified into four grades where 1 stands for easy route and 4 for strenuous. Trekking in Nepal is a special and rewarding mountain holiday and tough or easy walking trip following well developed trails. The unbeatable combination of natural beauty and cultural riches has made Nepal a unique destination and the best way to experience it is to walk through them. The main factors that make trekking in Nepal so unique and popular are the scenery, the people, the diverse culture and the flora and fauna. You will directly experience our culture and way of life of different ethnic people, religion, festivals.

Tea House/Camping Trek: - On camping trek, we'll have world class camping equipments for staying on tented camps; hot and fresh food will be prepared and served by our professional kitchen crew. While on tea house treks we will stay at guest house.



Everest Region:-

Most of the trek is spent in the Khumbu and Imja Valleys, above the altitude of 3,000 meters, where the massive peaks of the Eastern Himalayas dominate the skyline. Beautiful, multi-hued prayer flags, prayer wheels and intricately carved Mani stones line every hilltop, rock wall and trail side, singing prayers for everyone's well-being.



Recommended Trek:

- 01 Everest Base Camp Trek (14 days on Lodge basis)
- 02 Gokyo Trek (12 days on Lodge basis)
- 03 Gokyo/EBC/Kalapathar via Cho La (17 days on Lodge basis)
- 04 Thame/Gokyo/Kalapathar via Renjo La & Cho La (22 days on Lodge basis)
- 05 Everest Panorama Trek (9 days on Lodge basis)
- 06 Jiri/Everest Base Camp Trek (23 days on Lodge basis)



Recommended Trek:

- 01 Annapurana Base Camp Trek (12 days on Lodge)
- 02 Annapurna Circuit Trek (17 days on Lodge)
- 03 Ghorepani Trek (5-7 days on Lodge)
- 04 Panchase Village Trek (10 days on Lodge)
- 05 Tatopani Trek (5 days on Lodge)
- 06 Jomsom/Muktinath Trek (10 days on Lodge)
- 07 Royal Trek (4 days on Tent)
- 08 Mardi Himal Trek (10 days on Tent)
- 09 Annapurna Mountain Bike Tour (18 days on Lodge)

Annapurna Region:-

Annapurna" is at the center of one of the most amazing mountain amphitheatres in the world. The deep valley and high mountains encircling the giant Annapurna Range mingle and blend into a multitude of local cultures, traditions - beliefs from all directions. If there is a word to describe the Annapurna, it's diversity.



Langtang Region:-

Combination of three beautiful treks taking us straight into some of the wildest and most picturesque areas of Nepal. Starting from the lovely hill town of Syabrubensi our trek winds through beautiful rhododendron and conifer forests through the Langtang National Park on the way to higher slopes.



Recommended Trek:

- 01 Helambu Trek (10 days on Lodge basis)
- 02 Gosaikund Trek (08-11 days on Lodge basis)
- 03 Langtang valley trek (08 days on Lodge basis)
- 04 Langtang valley trek via Gosaikund (12 days on Lodge basis)
- 05 Tamang Heritage treks (6- 18 days on Lodge basis)

Kanchanjunga Trek:-

Kanchenjunga (8585 m.), the third highest mountain in the world, is the abode of gods who bestow prosperity and benevolence on them and their lands meaning "Five Great Treasures of the Snow", actually, has seven major summits and the avalanches that Kanchenjunga throws down are said to be the largest anywhere else in the world!



Rolwaling Trek:-

The trek starts from Dolakha, near Charikot, an eight-hour drive from Kathmandu. There is also the choice to continue your trek by crossing Tashi Lapcha (5755m). Technical mountaineering skills and equipment are required for this incredible adventure. Trekkers will also be enjoying beauty of Tsho-Rolpa, the largest Glacier Lake in Nepal and can continue on to the Khumbu region which links to trek routes in the Everest region.



Mustang trek:-

Still somewhat restricted (special permits are required) the trek to Lo Manthang (3730 m) refers to the arid Tibet-like region. Annexed by Nepal in 17 century, but untouched by the outside world or the Chinese Cultural revolution, 14th century monasteries still remain active to preserve this magnificent Trans-Himalayan kingdom



Dolpo trek:-

The region, designated as Shey Phoksumdo National Park, is the most remote district in Nepal situated in the Trans Himalayan region of mid-western Nepal. The region with fascinating villages and is still a land of mystery, scenery and peace. Trekking in the lower region takes you to Phoksumdo Lake at 3600 m.

Manaslu Trek: -

Extended and strenuous trek, circling the Manaslu range was opened to trekking in 1992 along with Mustang. This fascinating trek explores areas and the way of life unchanged for decades and maybe, even centuries. Region with a brilliant mountain vista...



Dhaulagiri trek:-

long, difficult trek around Dhaulagiri (8167m) starts from Beni that follows the route towards Myagdi Khola west-wards turning north through lowland forests into the high country. Much of the route is on snow and glaciers as it crosses French Col pass (5240m). Then we traverse from the head of Hidden Valley, and crosses Dhampus Pass (5155m)



Makalu trek:-

This trek takes you to Makalu Base Camp (5250 m), now designated as Makalu Barun National Park and Conservation Area. Mt. Makalu (8463 m) is the fifth highest peak in the world. This trek visits one of the most remote and unfrequented areas of Nepal.



Nar Phu Valley Trek:-(13 days Trek on Tent Camp basis)



Other Trekking Region:-

01. Panch Pokhari Trek (10-12 days on Tented Camp)
02. Bhairabkund Trek (10 days on Tent Camp basis)
03. Ganesh Himal Trek (8-12 days Trek on Tent Camp basis)
04. API Himal Trek (17 days Trek on Tent Camp basis)
05. Arun valley trek (16 days Trek on Tent Camp basis)



Rural Village Hiking:-

Village tours allow visitors to experience a home stay in a typical Nepali Village. You will get to stay in home of villagers and during your stay; you will get delicious local food, drink and comfortable Accommodation provided by your host family. You get a chance to interact with the villagers and get to know their culture, tradition and way of life first hand, beside you will be contributed directly to the welfare of the village which is directly beneficial for local peoples. Village tours are conducted in Sirubari, Gorkha, Dhading, Lamjung, Chitwan, and many more.



Recommended Trek/Hiking:

- 01 Shirubari Village hiking (6 days on local home stay basis)
- 02 Dhola/Nalang Village Hiking (3 days on local home stay basis)
- 03 Ghale Gaun/Ghana Pokhara Village hiking (5 days on local home stay basis)
- 04 Trishuli/Gorkha Village Hiking (8 days on local home stay basis)
- 05 Banthali Village Hiking (3 days on local home stay basis)
- 06 Chepang Village Hiking (6 days on local home stay basis)



Trek around Kathmandu Valley:-

Superb scenery of the dozens of long ranges of mountains, observing the Nepalese hillsides, different community of the Nepalese people.

Recommended Trek/Hiking:

- 01 Kakani/Shivapuri/Nagarkot/Dhulikhel Trek (5 days on tented basis)
- 02 Shivapuri/Nagarkot Trek (4 days on Tented Camp)
- 03 Sundarjal/Nagarkot Trek (3 days on Lodge basis)
- 04 Sakhu/Nagarkot trek (2 days on Lodge basis)
- 05 Chagunarayan/Nagarkot trek (2 days on Lodge basis)
- 06 Nagarjuna/Shivapuri/Chandragiri hiking (1 day)



Mountain Expedition in Nepal:-

Mountaineering Expedition is similar to challenging treks, however, includes basic mountaineering above the snow line using ice axe, crampons ropes and necessary climbing gears under the supervision and instruction from the climbing leader/guide. People wanting to do this type of expedition needs psychological and physical stamina plus prior experience is certainly an advantage, but not essential. Minimum 30 days required for the trekking and mountaineering. We have some Himalayas day by day programs.



for the trekking and mountaineering. We have some

Recommended Expedition:

- 01 Mt.Everest Expedition (60 days)
- 02 Ama Dablam Expedition (32 days)
- 03 Annapurna Expedition (45 days)
- 04 Dhaulagiri Expedition (58 days)
- 05 Choyou Expedition(42 days)
- 06 Kanchanjunga Expedition (55 days)
- 07 Manaslu Expedition (48 days)
- 08 Pumori Expedition (42 days)
- 09 Makalu Expedition (55 days)
- 10 Shisapangma Expedition (45 days)

Peak Climbing:-

Nepal is famous in mountaineering field. It is best known in every corner of the world as the homeland of the Mt. Everest & other several series of mountains peaks. Taking into consideration of your budget, these Trekking Peak climbing trips are undertaken which are rewarding for those who want to make challenging climb in the Himalayas, a taste of being in the white wilderness, is another highlight.

Recommended Peak Climbing:

- 01 Island Peak Climbing (17 days on Lodge/Tent basis)
- 02 Mera Peak Climbing (18 days on Lodge/Tent basis)
- 03 Chulu East Peak Climbing (22 days on Lodge/Tent basis)
- 04 Pisang Peak Climbing (18 days on Lodge/Tent basis)
- 05 Lobuche Peak Climbing (18 days on Lodge/Tent basis)
- 06 Ramdung Go Peak Climbing (25 days on Tent Camp basis)
- 07 Parchemo Peak Climbing (20 day on Tent Camp basis)
- 08 Paldor Peak Climbing (19 days on Tent Camp basis)
- 09 Pokalde Peak Climbing (17 days on Lodge/Tent Camp basis)
- 10 Yala Peak Climbing (13 days on Lodge/Tented Camp basis)



Sightseeing Tour:-

Mission eco trek is pleased to organize tours in the historical, cultural, pilgrimage and natural sites throughout the Country. Nepal boasts a rich cultural, traditional, ethnical, biological and geological diversity. It is well worth exploring during your visit to Nepal. If you only have a short time for Nepal, our tours will make sure you get the most out of your trip.

Recommended Tour:-

- 01 Kathmandu-Pokhara-Chitwan tour.
- 02 Katmandu Valley- Nagarkot tour.
- 03 Photography tour
- 04 Rural Village tour.
- 05 Nepal Experience Tour.
- 06 City-River (Rafting)-Mountain (trekking)
- 07 Pilgrim Tour (Lumbini, Manakamana, Muktinath, Pashupati)
- 08 Camping Valley tour.



Jungle Safari:-

There are two National Parks where you can explore the wild-life getting yourself deep into the heart of the forest, while the others serve as the natural habitat to thousands of animals including Snow-Leopard, Gharials, Crocodiles, Ram, Bob Cats, endangered Red Panda, Elks, Deers, Antelopes, Kasturi, monkeys, hundreds of birds. Jungle activities includes, jungle safari on elephant back, canoeing, typical Tharu dance, Jungle walk, bird watching, visit of crocodile hatchery and elephant breeding centre. The program can be 1 night to 4 nights long depending on your time available and reached by car, raft, flight and by bus.

For the more serious bird watcher the Kosi Tapu Wildlife Park, in south-east Nepal, provide a unique venue for watching migratory waterfowl, waders and shore birds that congregate along the Koshi River from December to February every year.



Rafting in Nepal:-

Nepal is known to contain the world's best rivers for white-water experience and a popular destination for river runner. After trekking expedition river rafting is the most exciting and adventurous sport in Nepal. It is a journey on the wet river on an inflatable rubber boat. Those who can't afford time and prefer less rigorous adventure, choose rafting on Himalayan Rivers to quench their thirst for adventure.



Bungee jumping:-

The ultimate thrill of a bungee jump can now be experienced in Nepal at perhaps the best site in the world. Nepal's first bungee jumping site is situated 160m over the wild Bhoté Koshi River, and located close to the Nepal-Tibet border, a three-hour bus ride from Katmandu.

Paragliding:-

The main area for paragliding is the Pokhara valley, commanding views of 3 of the world's 8000m peaks with friendly and constant conditions for your paragliding holiday. Tandem flying involves a pilot flying with a passenger.



Air Ticketing (Domestic/ International/Mountain Flight):-

Air ticketing service is another unbeatable service that we are serving to our clients. We are the stockiest Agent of all the Domestic Airlines and some International Airlines. Mountain flight is a much easier way to see the pristine Himalayan peaks. Most flights are in mornings and operate at all times except in June and July.

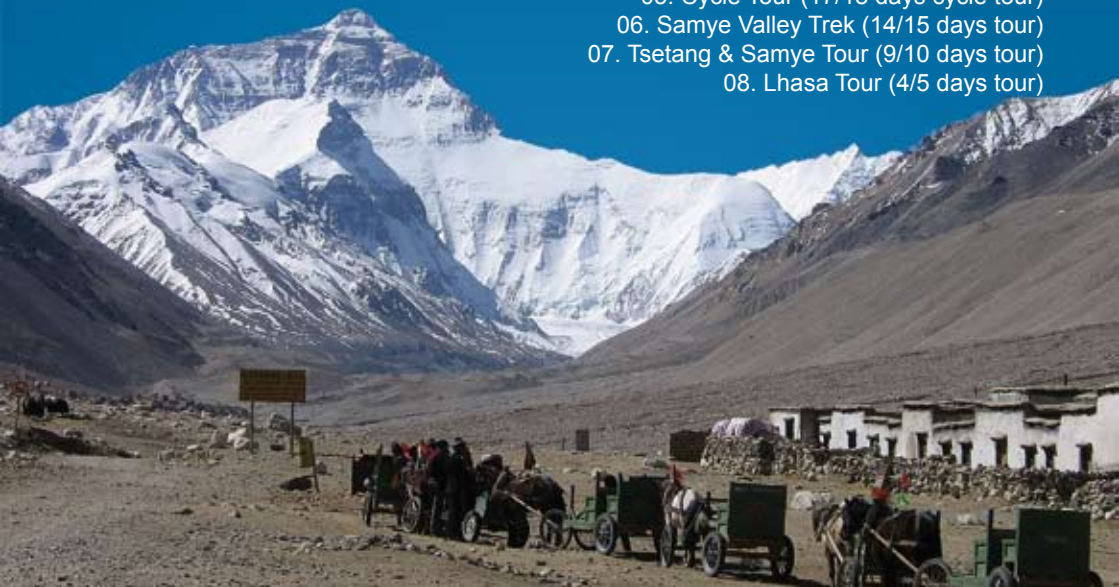
Tibet Tour:-

Tibet the autonomous Region, the mystic Shangri-la, the forbidden Kingdom on the Roof of the World, is a source of inspiration for sages and ordinary at all time, and has captured man's imagination for centuries. Great explorers and adventurers of the century have ventured into this holy land rendered inaccessible by the hostile nature conditions and bandits that waylaid them across through the Himalayas. Popularly known as the "Roof of the World" Tibet, the very name evokes feelings of awe and mystery, and a land of ancient Buddhist Culture. Awesome landscape, artistic monasteries, exotic cities, hidden valleys and centuries-old caravan trails.



Recommended Tour on central Tibet by Mission Eco Trek:-

01. Tibet Overland Tour (7Nights/8DaysOverland tour)
02. Lhasa Everest Base Camp (EBC) (9/10 days overland tour)
03. Beijing Lhasa Tour (12/13 days overland tour)
04. Tibet Cultural Tour (7/8 days fly in/out tour)
05. Cycle Tour (17/18 days cycle tour)
06. Samye Valley Trek (14/15 days tour)
07. Tsetang & Samye Tour (9/10 days tour)
08. Lhasa Tour (4/5 days tour)



Manasarovar/Kailash Pilgrimage Tour:-

The Kailash (Mount Meru) “Gang Rinpoche” means “Jewel of snow” the dwelling Mountain of Lord Shiva, the great mythological mountain that forms the axis of this world system. Because of its religious associations, many Hindu and Buddhist pilgrims have been drawn to see, offer prayers, absolve sins, and circumambulate it. There are two huge lakes Mansarovar (330sq. Km) to be considered more worthy of veneration by Buddhist and Hindus and Rakshas Tal (lake) south of Kailash. They are the highest bodies of fresh water in the world. Buddhist believes that Queen Maya, the Buddha’s mother was carried here by the gods and washed prior to giving birth to the Buddha. There are two approaches to Mt. Kailash via Simikot and Zhangmu.



Recommended tour on western Tibet by Mission Eco Trek:-

- 01 Mt.Kailash/Manasarovar Tour (11 days over land+ 3 days trekking)
- 02 Simikot/ Lhasa (22/23 days overland tour)
- 03 Simikot /Zhangmu (19/20 days overland tour)
- 04 Kailash by Helicopter (9/10 days overland tour)
- 05 Mansarovar/Kailash (inner)/Nandi Cora (circuit)(18/19 days overland+ trekking)
- 06 Lhasa/ Kailash Tour (17/18 days overland tour)



Tibet Trek:-

- 01 Kharta valley Trek(19/20 days overland+ trek)
- 02 Lakpari Trek (23/24 days overland+trek)



Bhutan Tour:-

The Kingdom of Bhutan is a Country nestled in the Eastern Himalayas known as **Drukylul** (in Dzongkha) "**Land of Thunder Dragon**", and its people are known as '**Drukpas**'. Bhutan, the last Shangri-La, independent Himalayan Buddhist Kingdom fondly maintains its tradition. It has one foot in the past and one in the future.

Bhutan is a sanctuary of magnificent scenery in the heart of Himalayas. The country's history stretches back to the origins of Buddhism and its spiritually rich people are enterprising, Pragmatic and delightfully humorous. They live in harmony with nature and have evolved a unique identity' derived largely from a religious and cultural heritage. The Kingdom of Bhutan lies in the eastern Himalayas, between Tibet to the north and the Indian territories of Assam and west Bengal to the south.

Monsoon influences promote dense forestation in the region and alpine growth at higher altitudes. The cultivated central uplands and Himalayan foothills support the majority of the population. In the south, the Daura plain drops sharply away from the Himalayas into large tracts of semi- tropical forest savannah grassland and bamboo jungle



Recommended Tour/Trek:

- 01 Western Culture Tour (7 Days/6 Nights)
- 02 The Himalayan Majesty (10 Days/9 Nights)
- 03 An Enchanting Kingdom (13 Days/12 Nights)
- 04 Depth of Bhutan (18 Days/17 Nights)
- 05 Bumthang Cultural Trek (15 Days/14 Nights)
- 06 Kingdom in the Sky (8 Days/nights)
- 07 West to East Bhutan (14Days/13 Nights)
- 08 Land of Thunder Dragon (Days/6 Nights)
- 09 Shangri-La Tours (10 Days/Nights)
- 10 Druk Path Trek (13 Days/12 Nights)
- 11 Jhomolhari Trek (12 Days/11 Nights)
- 12 Beautiful Laya/ Gasa Trek (21 Days/20 Nights)
- 13 Bird Watching Tour (19 Days/18 Nights)
- 14 A Glimpse of Bhutan Tour (6 Days/5Nights)
- 15 Galing Festival (15 Days/14 Nights)
- 16 Special Festival Tour (15 Days/14 Nights)
- 17 Trips to Druk Yul (6 Days/5 Nights)

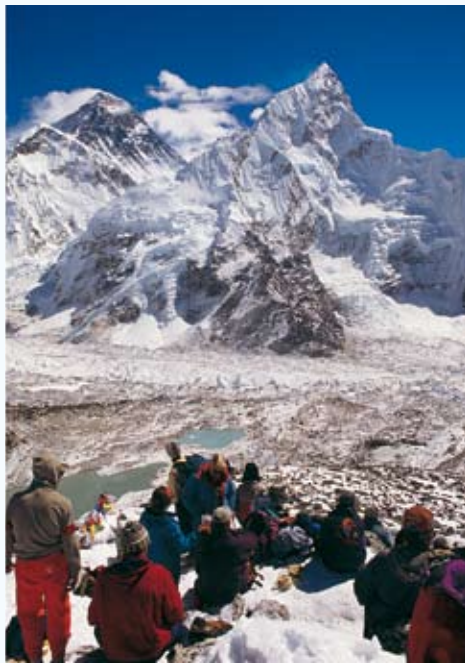


ようこそ

こだまツアーへ

こだまツアーは、ネパールの首都カトマンズの旅行者が多く集まるタメル地区に事務所があります。とてもフレンドリーな会社で、長年の経験と豊かな知識を持つ4人のツアーリーダーを中心にしたグループが、観光における専門的技術を十分に活かした仕事をしています。

当社は内容の充実した優れた旅行をどこよりもお安く提供しています。これまでは、ネパールで主にトレッキングや登山を中心にした仕事に取り組んできましたが、これからは、ハイキング、世界遺産観光ツアー、野生動物冒険ツアーなど、お客さまのニーズ合わせたいろいろな取り組みを行なっていきます。



スタッフ一同は、地域や環境に関する高度な知識と技術を確立しており、そして、いつもフレンドリーな雰囲気の皆様へ接し、ネパールのご旅行を安全に導いて、お客様にとってかけがえのない思い出となるよう努めさせていただきます。



ご自分のペースでゆったりとヒマラヤの自然と文化を楽しんでみましょう！

エベレスト地域 (7日間 - 28日間)

カラパタール・ベースキャンプやゴークョ湖も楽しめます。ネパールは世界最高峰エベレストを含めた8つの高峰を持つことでよく知られています。エベレスト(8848m)は、ネパール語で“サガルマータ”(空よりも高い)と呼ばれ、チベット語では“チョモランマ”(地球の母神)と呼ばれています。



ゴレパニ山トレック7日間

初心者も大歓迎！

アンナプルナ連峰、そして男性的な雄姿を見せるダウラギリ峰などが、大パノラマで見える展望台ブーンヒル(標高3,210m)を目指すゴレパニトレックは、歩くのが好きならトレッキング初心者でも参加できるコースです。我々は、一年に一度石楠花が咲く時のお花見ツアーを特別に用意しています。客さまのペースで歩いて頂きます。いつでも遠慮なくお話し下さいませ。。。



花の谷 ランタン！（8日間ー12日間）

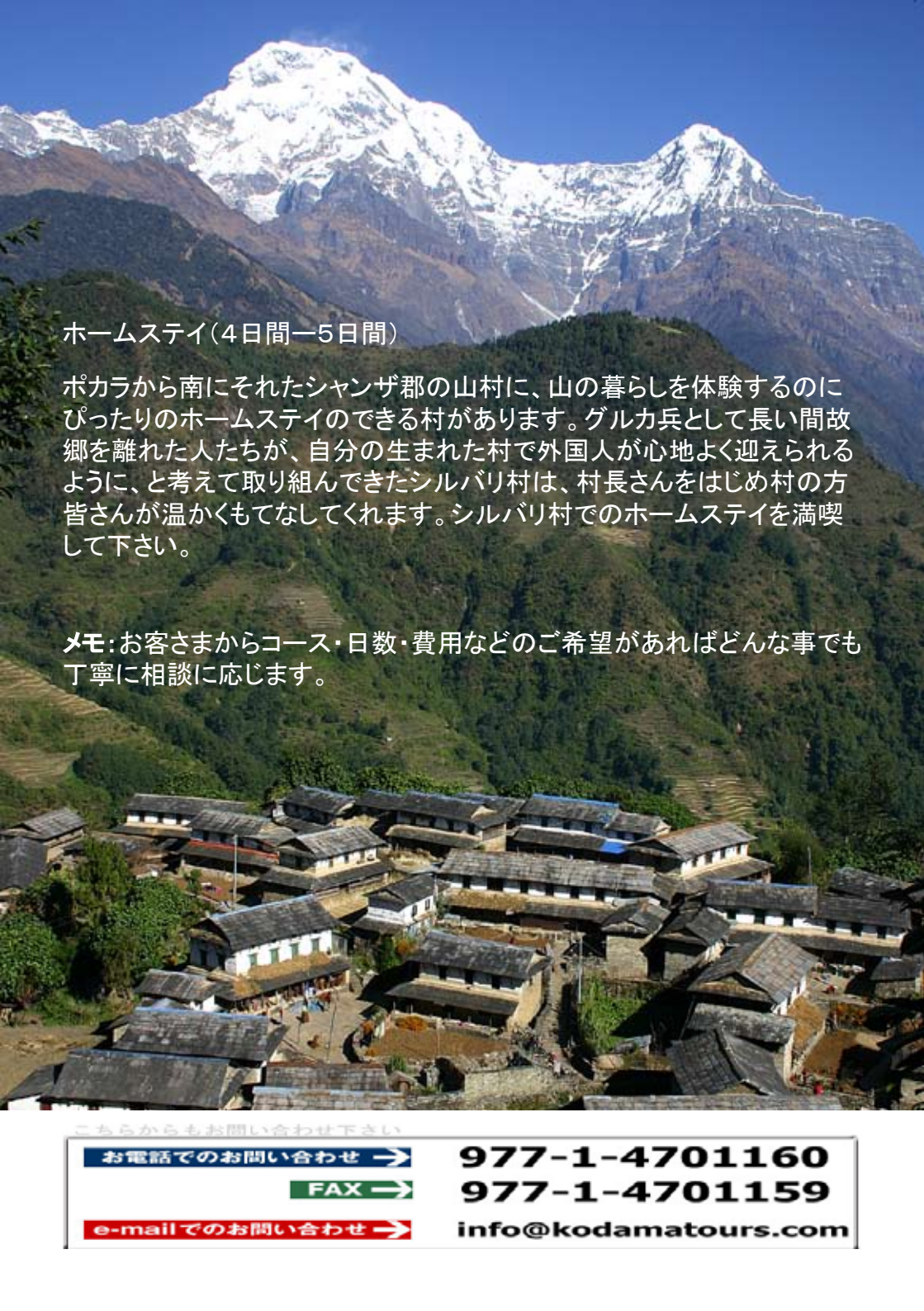
イギリス人登山家兼探検家のティルマンによって、「世界で最も美しい谷」と世界中で紹介されたランタン谷。「花の谷」とも言われ、特に春から夏にかけての、高度と共に移り行く植生は大変興味深く、高山植物が咲き乱れる美しい谷です。また、登山口のシャブルベンシ村(1,460m)からランシサカルカ村(4,160m)まで歩くので、標高を追って景色が移り変わるのがとても興味深いです。



ムスタン（10日間ー12日間）

山中の砂漠“ムスタンはネパールでもとても人気の高い地区です。ローマンタン町では、旧ムスタン王国の王宮があり、“幻の王国”、“禁断の王国”と呼ばれています。人々の生活は、大昔のように流れ、数多くのゴンパ（寺）と旗は、永遠に続いています。ムスタンへの旅は、古くからの仏教文化によって自己発見の旅になることでしょう。





ホームステイ(4日間—5日間)

ポカラから南にそれたシャンザ郡の山村に、山の暮らしを体験するのにぴったりのホームステイのできる村があります。グルカ兵として長い間故郷を離れた人たちが、自分の生まれた村で外国人が心地よく迎えられるように、と考えて取り組んできたシルバリ村は、村長さんをはじめ村の方皆さんが温かくもてなしてくれます。シルバリ村でのホームステイを満喫して下さい。

メモ:お客さまからコース・日数・費用などのご希望があればどんな事でも丁寧に相談に応じます。

こちらからもお問い合わせ下さい

お電話でのお問い合わせ →

FAX →

e-mailでのお問い合わせ →

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Clients Feedback

What people have said about their Mission Eco Trek trips.

"This trip was the most fantastic experience I've had yet - I've travelled the world and nothing compares to Nepal and touring it in such an active, fast paced way - the time went so fast - I actually got tearful when it was over. That's the sign of a great trip."

"A very memorable trip, fantastic from start to finish – shame it had to end. The trip was well thought out with something for everyone. We got a real taste of Nepal. We shall return, I'm sure."

"Don't hesitate, Book it! It was one of the most amazing experiences I have ever had and I've got 1,000 photos to prove it! Beautiful country, spectacular scenery, amazing and varied activities, professional, fun and knowledgeable guides coupled with good food and accommodation made for a fantastic, active holiday that I will never forget. I just wish I could do it all over again! Of course with Mission Eco Trek."

"If you are even thinking you might enjoy it... then do it! This trip is really an adventure! From the time we met our guide to the very last hour spent it was a truly awesome experience. You will immerse yourself in the very best of Nepal's wilderness while being provided many of the creature comforts you would not expect on such a trip. Go and enjoy it keeping this Kiwi attitude in mind, "No worries!"